



**Kin-Tora Fitness Center  
 1827 Niagara Street  
 Buffalo, New York 14207  
 (716) 871-1260**

**Kin-Tora Grassroots Tournament,  
 Senior Grappling Tournament & Clinic  
 Sunday, October 24, 2010**

**JUNIORS & SENIORS**

**IN CONJUNCTION WITH REGIONAL REFEREE SEMINAR**

Tournament Director: *Tony Grisanti*

- Trophy for every junior competitor
- Entry Fee: \$15.00 U.S
- Spectators: Free
- Registration at 11:00am
- **Clinic begins promptly at noon**
- **Tournament begins approximately at 1:30pm**
- Refreshments available
- Modified IJF rules , no arm locks 16 & under no chokes for ages 13 and under
- 3 min matches

**Note:** The clinic will include many competitive techniques including standing and matwork. The clinic will be followed by a grassroots tournament with refereed randori. We will group by age and skill level and keep pairing them up until everyone has at least three matches. There will be two mat areas with one referee per mat. Senior competition will follow the junior competition. Seniors will also have a division for newaza only, which will be open to our ju-jitsu friends.

This tournament is open to all male and female competitors currently registered with the USJI, USJF, USJA, or Canadian National Organization.

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Name: \_\_\_\_\_ Club: \_\_\_\_\_  
 Please Print

Age: \_\_\_\_\_ Organization: \_\_\_\_\_  
 \_\_\_\_\_ Male \_\_\_\_\_ Female Weight: \_\_\_\_\_  
 For club use

Rank: \_\_\_\_\_ Membership Expiration Date & Number \_\_\_\_\_